

CELEBRATING
50 YEARS



ROOM HIRE | COURSES | WORKSHOPS | EVENTS | CLUBS | FITNESS | SUPPORT SERVICES
YOUR LOCAL NEIGHBOURHOOD CENTRE, EVERYONE WELCOME

WHAT'S ON



1 JANUARY 2026 - 31 DECEMBER 2026



www.kirribillineighbourhoodcentre.org
Email info@kirribilli.org.au Phone 9922 4428
16-18 Fitzroy Street, Kirribilli



WELCOME TO KNC

OUR 50TH YEAR OF BRINGING OUR COMMUNITY TOGETHER

It's our 50th! We are so proud to have been welcoming our community into KNC for 50 years.

Hello and welcome to our "What's On" the magazine that tells you all about the programmes, events & Services that we have on offer here at the Kirribilli Neighbourhood Centre.

Our Wellness programs, events and classes tend to be very popular, so we suggest you get in early and book for our favourite 2026 programs. Our Centre is here for the community and we encourage you to come and use our facilities, take part in events and use our Centre to connect with this very special neighbourhood. We are proud to offer a range of services that we believe are beneficial

to our community.

We are extremely proud to fund KYDS Counselling here, five days a week. This is a free service for children in our area.

We are proud to run the popular Kirribilli Markets, which largely funds our Centre. Our Markets run on the 1st and 2nd Sunday of the month and the 4th Saturday of the month.

We would like to take this opportunity to thank North Sydney Council for their unwavering support, and of course our volunteers and community.

We look forward to seeing you.

Jo, Arie, Dianne and Roger



Left to right: Dianne, Roger, Jo and Arie

OUR TEAM:

General Manager – Jo

Kirribilli Markets Manager – Arie

Front Office – Dianne

Caretaker – Roger

Volunteers

Jean (Saturday afternoon), Gretel, Joan, Wendy (Librarians), Audrey (Front Office), Pauline (Conversations in English), Brent (The Good Life), Carmen (Italian for beginners/ Conversations in Italian), Catherine James (JP), Duncan Ramsay (Legal Advice), David Cohen (Legal Advice), Giuseppe Zangari (Guitar), Estelle (Mothers Group), Ethan Fung (Piano) and Pamela Caldecoat (Chat & Morning tea)

We look forward to seeing you soon.

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WHO WE ARE

The Kirribilli Neighbourhood Centre (KNC) is an independent, non-profit, community-based organisation that delivers a range of programs, services and events that respond to a broad spectrum of local community interests and needs.

OUR MISSION

is to provide services that strengthen and serve our community sustainably.

OUR VISION

is to provide leadership in communities to ensure that people feel included and are recognised for their abilities, cultures and strengths.

OUR VALUES

are respect, integrity, inclusion and innovation.

WHAT WE OFFER

The KNC is a welcoming place for the community of North Sydney to meet, relax, heal, create and learn. It offers heritage rooms for hire, an extensive library collection, a play group run by parents, art and entertainment events as well as a wide range of information and classes for all age groups. The KNC also manages the popular Kirribilli Market.

OUR VOLUNTEERS

We are extremely grateful to have a wonderful group of volunteers, which offer their time, skills, and support. Gretel, Joan, Audrey, Jean, Catherine, David, Duncan, Brent, Ethan, Carmen, Giuseppe, Estelle, Pauline, Wendy & Pamela have been an integral part of our KNC family, and we are extremely grateful. To our Duke of Edinburgh students, thank you for your help and assistance this year.

Volunteers are the soul of our Centre. They help create community, connection and wellbeing.

Gretel has been our head librarian for many years and helps keep our library in tip-top shape. Joan is part of our library team helping Gretel, and we have a new addition with Wendy. We could not be happier to have these incredibly passionate women running our library.

Audrey looks after our front office on Friday afternoons. Audrey is a much-loved member of our team and very popular with visitors to the centre, especially our Friday afternoon fitness classes. Audrey runs a tight ship!

Catherine is our local JP and we are so grateful for her time and commitment to our community.

Carmen runs our extremely popular Italian lessons and conversations, and



Gretel



Audrey



Joan



Giuseppe

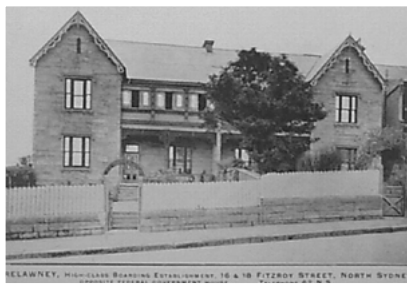
Brent runs our Good Life Group, which has grown considerably this year.

Pauline teaches one-on-one English lessons which are extremely valuable to many in our community. Pauline is very well thought of here at KNC and is also a member of our Scrabble & Scones group.

David Cohen and Duncan Ramsay are our volunteer solicitors who offer their time and expertise to our community. These services are greatly appreciated and are a wonderful edition to our community services.

A thank you to Giuseppe from Sydney Guitar School. Giuseppe volunteers each year at our Seniors Luncheon and plays at our Kirribilli Markets. Giuseppe is a valued member of KNC and much loved by our community.

We would like to make a special mention to the wonderful Jean Martin who works in our front office on Saturdays and teaches computers for seniors. Jean has been one of our longest standing volunteers and is an integral part of our team, we cannot thank her enough for her support and time.



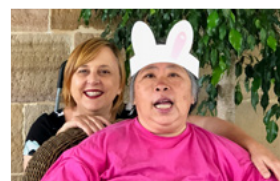
**CELEBRATING
50 YEARS**

- EST. 1975 -

**THE
KIRRIBILLI
NEIGHBOURHOOD
CENTRE**

- EST. 1976 -

**KIRRIBILLI
MARKETS**
SUPPORTING THE KIRRIBILLI
NEIGHBOURHOOD CENTRE





FACILITIES AT KNC

The Kirribilli Neighbourhood Centre has a number of heritage rooms for hire during the day or evening, 7 days a week. We have a variety of rooms from the large Gallery room suitable for large gatherings or exhibitions to smaller more intimate rooms suitable for meetings or courses. Both levels have fully equipped kitchens, toilets (including disability), spacious hallways and access to front and back balconies. All rooms are air-conditioned for your comfort. Chairs and tables are available for around 60 people on either level. The front gardens provide a picturesque meeting place and can be used for photographic opportunities. The Centre has an external lift providing access to the top floor from the back courtyard. The back courtyard is fully secured and child safe with a synthetic turf area, outdoor seating and plenty of shade. You are always welcome to visit and inspect our facilities and resources. KNC's front office staff are on duty from 9am-5.00pm on Monday to Thursday and from 9am - 4pm on Friday. We do have volunteers and our caretaker here over the weekend (9am - 5pm), who will be happy to show you around. Please feel free to call us on 9922 4428, or email us on info@kirribilli.org.au

Room Hire Hours

Monday	9am-7.30pm	Friday	9am-3.30pm
Tuesday	9am-8.30pm	Saturday	9am-4.30pm
Wednesday	9am-8.30pm	Sunday	9am-4.30pm
Thursday	9am-8.30pm		

It is possible to hire the centre outside these hours. Please talk to our office staff regarding this option.

THE GALLERY

The walls of the Gallery on the first-floor features original sandstone and brick that was built on site in the 1840's. The room has high ceilings with picture rails, Tasmanian timber floor and French doors opening onto balconies overlooking several of Sydney's famous icons, including the Opera House, the Harbour, the Harbour Bridge, the skyline of North Sydney and the city itself.

THE TRELAWNEY ROOM

The Trelawney room, the second largest room in the Centre features high ceilings, a timber floor, original fireplaces with a graceful arch in the middle of the room.

THE MCMANUS ROOM

Located towards the rear of the building on the first floor, the McManus Room is ideal as a counselling, meditation, or small meeting room. Light and airy, the carpeted room is furnished with comfortable chairs.

THE THORNTON ROOM

Located on the first floor toward the front of the building, the Thornton room is set around the old hearth. Ideal for workshops, seminars, and small group gatherings, this light and airy room is set up in a boardroom style. We also have available a 65-inch screen, with Logitech camera, all WIFI facilities are available.

THE KING ROOM

Located on the first floor toward the front of the building, the King room is set around the old hearth. Ideal for workshops, seminars, and small group gatherings, this light and airy room is set up in a boardroom style. We also have available a 65-inch screen, with Logitech camera, all WIFI facilities are available.

THE JEFFREYS ROOM

Located on the first floor toward the front of the building, this light filled room over-looking the courtyard is perfect for small group gatherings and is a great option for Counselling. It is a lovely room.



THE OLD LIBRARY

The Old Library is located on the ground floor at the front of the building. It has beautiful high ceilings, an original old hearth and beautiful heritage features. It is a light and sunny room which is suitable for small meetings, workshops and gatherings. It is a multi-purpose room.

BLAKE ROOM

Located on the ground floor at the back of the building, this room is perfect for counselling or intimate meetings. This room is ideal for counselling – it is a comfortable space that offers privacy.

UPSTAIRS BACK BALCONY

This space is undercover and situated upstairs at the back of the building. It is a lovely space and perfect for small gatherings. We have heaters, seating, and tables available. We have a comfortable and modern outdoor lounge setting. This is a wonderful space for small gatherings. The balcony has café blinds, which are great in wet-weather or when it gets cold, making this space and all-weather area.

CENTRE IN THE PARK

We also manage Centre In The Park, which is based at 2a Montpelier Street, Neutral Bay and is a great option for workshops, yoga, meetings, groups and much more. There is a large room, kitchen, bathroom with shower, a boardroom and a small meeting room. If you would like to discuss hiring this space, please contact us, we are happy to show you around and discuss options. If you are a Charity or a group that meets and you don't charge a fee. We put aside several rooms for Community groups at no charge. (Example: Men's group, Seniors group or Mothers group) Please apply via email: info@kirribilli.org.au



WEDDINGS AT KNC

You couldn't get a more iconic spot than Kirribilli. Set on the north side of Sydney Harbour with views of the Harbour Bridge, waterfront, and Opera House, making it a wedding photographer's dream, all just a short stroll from the KNC. Our sandstone gallery is a great place for a small reception, or to hold your vows. With a large balcony out the back of the building and a small balcony off the gallery room, it is the wonderful bespoke space. We

have a courtyard available which can be converted into a summer reception venue. The venue is a blank canvas—let your imagination run wild and create a space that's uniquely yours. Most importantly, we're a two-minute walk from Milsons Point station and a short stroll from the ferry wharf, so guests can travel easily. If you prefer to stay local, our highly recommended caterer and florist can provide convenient, well-priced quotes for food and flowers. As partners to us, they offer very good prices.





THE KIRRIBILLI NEIGHBOURHOOD CENTRE WEBSITE, FACEBOOK & INSTAGRAM PAGES

Please note we will post all our updates, one off events, classes, new classes, courses, programs, services on our website. Please keep an eye out for updates. Our Facebook page is regularly updated, with news or exciting events. Alternatively, please call us on 9922 4428 if you have any questions.

Website www.kirribillineighbourhoodcentre.org

Facebook facebook.com/kirribillcentre

Instagram @kirribillineighbourhoodcentre.

CHILDREN'S PARTIES

Children's parties are popular in our back-garden setting, which is child safe, has access to the playgroup toys and a fully equipped kitchen. Should it rain, the party can move inside to the Trelawney Room. Feel free to pop in and check out our centre and facilities. One of our friendly team will be more than happy to show you around. We'd love to see you.

SENIOR PARTIES

If you are looking for a venue to host your 60th, 70th, 75th, 80th etc... please contact us. We have a wonderful historic gallery which would be perfect for a small intimate party. Our historic Sandstone Gallery is a wonderful spot to celebrate your special day. We can fit 60 standing or 40 seated. We have a kitchen on the same level which you are able to use. We have chairs and tables available. If you wish to cater, we have some great local cafes such as Oski Café who are more than happy to help. We have wheelchair access, and a lift on site if you cannot take stairs. All room hire time includes set-up and pack-up, so please allow for this in your booking. Limited parking is available on the street; however, we are a two-minute walk from the Milsons Point Train Station and a very short stroll from the Ferry

KIRRIBILLI AFTERNOON TEA/HIGH TEA

Come and enjoy a lovely afternoon tea here in our heritage building. It's a great way to get your friends together.

Cost \$50 per head (price is subject to change and minimum of 10 people to book and maximum 20)

We set up the Back Balcony, provide food and drinks (if you want alcohol, we kindly ask that you supply this)

Available Monday - Friday subject to availability

AFTER HOUR HIREAGE

Situated in the heart of Kirribilli, a two-minute walk from the train station, a five-minute walk from the ferry and a short stroll from the Milsons Point bus stop, KNC is the perfect venue for your next gathering. We offer after-hour hireage of the entire Centre on a Saturday or Sunday from 5pm to 10pm. The entire centre is great for events like Murder Mystery nights, dinners, birthday celebrations (70th, 80th or 90th etc). The centre gives you room to move and includes the below.

UPSTAIRS

The Gallery
The Back Balcony
The Kitchen
The McManus Room

DOWNSTAIRS

Trelawney Room
Blake Room
The Library

Cost The total cost for five hours (the five hours include set-up and pack-up time) \$1000. This cost includes our onsite staff member (as required by law)

As we are residential and our building is heritage, we have guidelines around after-hour hireage. Please contact our office for more information on 9922 4428.



HERITAGE ROOM HIRE

EVENTS - ACTIVITIES - COURSES - COMMUNITY SERVICES

For all costs, availability and to make a booking, please visit our website: www.thekirribillilibrary.org

THE KIRRIBILLI NEIGHBOURHOOD CENTRE LIBRARY

Our library is open Monday - Thursday from 9am until 5pm and on Friday until 4pm and Saturday/Sunday from 10am until 4pm. We have a great range of books available for lending (free).

WI-FI

KNC offers Wi-fi to the public. This is purchased in two-hour blocks for a minimal cost (cold coin donation). Please see our front office for a one-off voucher.

CLASS/EVENTS/COURSE UPDATES

Please keep an eye out on our website www.kirribillineighbourhoodcentre.org and Instagram/Facebook or pop into the Centre for updates on additional courses, programs, events and classes happening which come up throughout the year. Our one-off events, like art exhibitions, children's shows and much more will be advertised on the website, on our Facebook page and in and around the Centre.

VOLUNTEERING AT KNC

We are always looking for new volunteers at the Centre and would welcome anyone who is keen to volunteer. Volunteers assist in many ways at the centre. If you are interested, please phone 9922 4428 to speak to one of our team. Keep an eye out on our website where we put calls out for specific volunteer needs. A **THANK YOU** to all our current volunteers who help in our library, front office and teaching English, teaching Italian, teaching the good life program, legal and JP services. You are what helps KNC function and we couldn't do it without you! KNC have public toilets located in our courtyard. Men, Women and Disabled (with baby change table).

COMMUNITY VOLUNTEER PROGRAM - SENIORS

Our community volunteer program helps connect volunteers with socially isolated seniors, with the intention to help, in even the smallest way, from shopping, walking dogs, taking out the rubbish, collecting mail and calling on a daily basis to say hi, or popping in for a cuppa. Our initiative helps seniors stay connected. KNC is a hub for the community and we pride ourselves on being able to bring our wonderful neighbourhood together. If you are interested, please call us on 9922 4428, or if you know a senior that needs support, please let us know.

THE KIRRIBILLI MARKETS

Held three times a month we have our fabulous and extremely popular markets in what is widely regarded as the best market location in Sydney. Our Art, Design and Fashion market on the first and second Sunday of each month, and the General & Fashion market on the fourth Saturday of the month. Whether you are attending the markets or wanting to have a stall, our market team are here five days a week and happy to take enquires. The Kirribilli Markets have been an integral part of KNC for 50 years and all profits from the markets go to help run KNC.

A 'THANK YOU' TO OUR KNC KNITTING GROUP

A very big thank you to our incredible knitting group, who have supported many of our projects, such as knitting for the homeless. For years we have had hundreds of knitted goods made right here at KNC, that have gone directly to those who need them most. Incredible blankets, gloves, hats and much more, and of course, our wonderful, knitted Christmas balls, which are a highlight. We can't thank you enough. If you are interested in joining our group, they meet on Fridays from 10am.





WHAT'S ON AT KNC

ARTS AND CRAFTS GROUPS

STILL LIFE ART SESSIONS - ART FOR THE COMMUNITY MORNING

Join Jane Green (BA Fine Arts) on Wednesday and Thursday Mornings for Still Life Drawing and Painting. These 3-hour art sessions are a chance for you to hone your artistic skills, develop your style, experiment with new ideas, take time out and have fun. Coffee, tea and biscuit break included. Please bring the materials you like to work with. Suits all levels of experience. This is a wonderful class to help you feel inspired, creative and have fun. We look forward to seeing you.

Dates Wednesday 10am-1pm in the Trelawney Room

2026 Dates

Term 1 - Wednesday 4 February 9 weeks

Term 2 - Wednesday 29 April 9 weeks

Term 3 - Wednesday 22 July 9 weeks

Term 4 - Wednesday 14 October 9 weeks

Dates Thursdays 10am-1pm in the Trelawney Room

2026 Dates

Term 1 - Thursday 5 February 9 weeks

Term 2 - Thursday 30 April 9 weeks

Term 3 - Thursday 23 July 9 weeks

Term 4 - Thursday 15 October 9 weeks.

Cost \$90 for the term (or \$10 per class casual), however we prefer you commit to the term.

Bookings essential 9922 4428

Jane Green is a qualified creative arts practitioner with experience teaching classes to all ages. She enjoys facilitating a supportive environment for students to relax, focus and investigate their artistic sides.

KNITTING GROUP

Come and join us each Friday from 10am - 12noon. Don't worry if you can't knit or crochet, we can help you learn. We are also responsible for 'Yarn Bombing' at the KNC. You're invited to be involved in this ongoing creative project with us! This is a great social group.

Date Every Friday

Time 10:00am - 12:00pm

Cost Free

Contact Phone the KNC office on 9922 4428 for any enquiries

BOOK, FILM, WRITERS AND DISCUSSION GROUPS

BOOK GROUP

The Kirribilli Book Group where locals meet and discuss a book for an hour. Anyone welcome, anytime.

Date Second Saturday of the month

Time 10:00am - 11:00am

Bookings Contact Jane McCullough on 0439 010 025 or by email at kirribillibookgroup@gmail.com

NON-FICTION BOOK CLUB

Informal discussion on non-fiction books, chosen by the group

Date Every third Thursday of the month in person at the KNC and through Zoom

Time 7:30pm - 8:30pm

Bookings Contact Dick Heller rfheller4@gmail.com or Ian Burnet on 0450 449 459

FILM GROUP

The Film Discussion Group meets monthly. Each meeting we discuss three current films, seen in your own time. A volunteer provides background on each film. Anyone welcome, anytime.

Date Third Tuesday of the month

Time 7:30pm - 8:45pm

Bookings Contact Marilyn Sleigh on mjsleigh@gmail.com to join the mailing list

KIRRIBILLI WRITERS

A supportive, small group of writers always glad to see new faces.

Date Third Monday of the month

Time 10.30am - 12.30pm

Bookings Contact Jeanette on 0408 029 189



CHILDRENS CLASSES

KNC CHILDREN'S PLAYGROUND

Children under adult supervision are always welcome to informally access the Centre play area between 9 am to 5 pm during the week. Everyone is welcome to participate. This is a beautiful environment for children to safely play and socialise, while parents can get to know one another.

Notices will be placed around the play area with information on events.

See our website for updates www.thekirribillcentre.org.

Date Weekdays

Time 9:30am - 5:00pm

Contact the KNC on 9922 4428 if you need further information

Cost Gold coin donation please

GRANDPARENTS WELCOME AT OUR INFORMAL PLAYGROUP/COURTYARD

This is a great place for grandparents to get together and socialise with their grandchildren in a fun and safe environment. If you are looking after your grandchild and need some space for them to play and interact with other children, how about meeting here. This is an informal playgroup held in our courtyard. We do have options should it be raining. We'd love to see you.

Dates Monday to Friday.

Time 9am - 5pm

Cost is a gold coin donation (this helps us maintain the space, and buy new toys)

For more information, please feel free to call us on 9922 4428.

MOTHER'S GROUP

A beautiful courtyard area, with covered section and toys, mats for your little ones. This is a joint KNC and mothers run group. A great way to meet other mums, space for your little ones to play.

For parents and babies up to two years old

Day Every Tuesday at the Back Courtyard

Time 10:00am - 12:00pm

Bookings contact Estelle on stelle.blair@gmail.com

JOEY JIG BABY & TODDLER MUSIC & MOVEMENT CLASSES FOR REAL BEGINNERS!

Joey Jig baby & toddler music classes provide an introduction to music that young children can easily understand and enjoy. Classes include fun original songs composed by owner/teacher Alicia to engage and entertain bubs and mums, with traditional nursery rhymes, percussion, singing, dancing and games. Children gain confidence in the classroom, while learning, having fun and using their wonderful imaginations.

Classes held by age Swing Swing 3-12 months - bubs enjoy gentle songs, playing with percussion, moving to the beat, fascinating sounds and sights for a rich sensory experience. Be-Bop 1-2 years - lively colourful classes, early speech development is encouraged as we experiment with sound, whilst exploring motor and concentration skills. Jump & Jive 2-4 years - exciting early childhood education where children learn to share and take turns, dynamics, pitch and tempo are explored as children compose musical stories.

Dates Joey Jig Music runs classes in Kirribilli on Thursday and Friday mornings during the school term.

Cost 10-week term costs \$190. Casual classes are subject to availability \$22 / class.

Bookings Phone Joey Jig Music on 0401 040 525 to book your free trial class in the first week of each term (where available) email alicia@joeyjigmusic.com.au, see website for more details and current timetable.

www.joeyjigmusic.com.au

SUZUKI METHOD VIOLIN / VIOLA STUDIO

Rachel Dyker Violin and Viola Studio is a small, integrated Suzuki Method Violin and Viola Studio. Individual lessons and group classes take place at the Kirribilli Centre and at the Suzuki Institute in Thornleigh. Rachel is a freelance orchestral viola player and an accredited Suzuki teacher.

Days Tuesdays, Wednesdays, Thursdays, and Saturdays during term time

Tutor Rachel Dyker

Bookings For more information please contact Rachel, racheldyker@hotmail.com or 0451 099 240

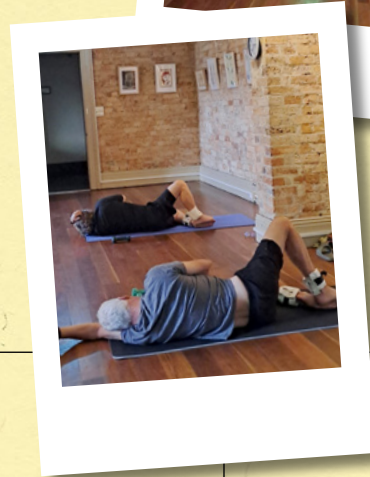
CHILDRENS EVENTS/FESTIVALS

Throughout the year we run fun events for children such as African Drumming, Christmas themed event and much more! Please head to our website for updates on times and dates.

HEALTH AND FITNESS CLASS CALENDAR 2026



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING	<p>9.30 AM Yoga with Cynthia</p>	<p>6.30 AM Pilates with Mel</p> <p>7.30 AM Pilates with Mel</p> <p>8.30 AM Pilates with Mel</p> <p>9.45 AM Yoga with Brij</p>	<p>6.30 AM Men's Pilates with Mel</p> <p>7.30 AM Pilates with Mel</p> <p>8.30 AM Pilates with Mel</p> <p>10.30 AM Wellbeing for Seniors with Gaynor</p>	<p>6.30 AM Pilates with Mel</p> <p>7.30 AM Pilates with Mel</p>	<p>7.45 AM Pilates with Mel</p>	<p>8.30 AM Yoga with Miriel</p> <p>10 WAM Move & Tone with Inga</p>	<p>8.45 AM Yoga with Brij</p>
AFTERNOON			<p>12.15 PM Yoga with Jane</p>		<p>1PM Seniors Strength & Balance with Gaynor</p> <p>2PM Seniors Strength & Balance with Gaynor</p> <p>3PM Seniors Strength & Balance with Gaynor</p>		
EVENING	<p>6PM Yoga with Amy Rose</p>	<p>7.30 PM Yoga with Liz</p>					





ADULT HEALTH AND FITNESS CLASSES

YOGA CLASSES

All our teachers are fully qualified. Please wear comfortable non-restrictive clothing and bring a towel. Bookings essential.

TEACHER INFORMATION:

Amy Rose - Monday evening yoga class is in the traditional Hatha style - a moderate flow suitable for all ages.

Brijinder Brij's yoga class is based on a traditional approach to develop a sustained and mindful yoga practice. Breath is used as foundation throughout the session to enhance awareness of the body and mind. The focus is on strengthening the body, increasing flexibility and relaxing the mind. A typical balanced yoga class incorporates breathing practices and relaxation along with the asana.

As an experienced remedial massage therapist, Brij uses his sound knowledge of anatomy to ensure correct and safe posture alignment. Posture modifications are offered and encouraged. Progressively deeper layers of the yoga practice are explored from a physical and philosophical perspective, in a light and engaging manner. These classes are safe and accessible to beginner and intermediate levels. Feel physically invigorated and mentally calm and focused at the end of your yoga session with an overall sense of enhanced wellbeing.

Cynthia's class is based on Hatha yoga and is suitable for all bodies, all ages and all levels of experience. Every class includes pranayama (breath control), gentle asanas (poses) and concludes with relaxation or meditation. Yoga is union - union of breath, body and mind. Everyone in the class can move at their own pace and at their own level. The classes assist in keeping participants calm, flexible, strong and mobile.

Jane completed her yoga teacher training in 2003 at Nature Care College in Sydney. She teaches a Hatha yoga class inspired by BKS Iyengar and focuses on alignment and the use of blocks, straps, bolsters and chairs to aid the student. Jane also includes restorative classes monthly. All levels are welcome.

Liz has been teaching Hatha Yoga since 2003 and her approach is on the mindful focus of Body, Mind and Breath. This classical style of practice will therefore move the body to create strength and flexibility and help improve the connection with the mind, body and breath. Great to relieve stress and anxiety! Each session will include Pranayama (Breathing), Asana (body work) and a full 10-15 minutes of guided relaxation. Modifications will be offered to those who need support and suitable to the beginner and more advanced student. Step into a class that will take you away from your busy day and enjoy the present moment "in Yoga".

Miriel's class is based on Hatha Yoga, this class caters for all levels of experience. The focus is on gentle stretching and energising sequences linking breath with movement while building strength, flexibility, balance and a sense of well-being. The class routines include a variety of themes, classic postures, Back Care, and basic Yoga Philosophy. Each session closes with a 20-minute guided relaxation.

YOGA DATES 2026

Term 1 - Monday 2 February - Sunday 12 April

Term 2 - Monday 27 April - Sunday 5 July

Term 3 - Monday 20 July - Sunday 27 September

Term 4 - Monday 12 October - Sunday 20 December

Any classes that fall on a public holiday will be made up at the end of the term.

Day classes

Monday 9:30am Cynthia

Tuesday 9:45am Brij

Wednesday 12:15pm Jane

Saturday 8:30am Miriel

Evening classes

Monday 6:00pm Amy Rose

Tuesday 7:30pm Liz

Cost \$190 for term up front. If available, casual classes are \$25.

We advise booking into the class you are most interested in as numbers are limited. Seniors' concession \$160

Bookings Contact the KNC office on 9922 4428 or email info@kirribilli.org.au



PILATES CLASSES

Mel brings fabulous energy into her classes, and we are excited to have her as part of our team. You will leave the class feeling invigorated. We advise booking early to secure your spot, as Mel's classes are very popular. It's a great way to start your day.

Day/Time

Tuesday 6:30am, 7:30am & 8:30am

Wednesday 6:30am, 7:30 am & 8:30 am

Thursday 6:30am & 7:30am

Friday 7:45 am

Teacher Mel

Cost \$190 per term upfront (seniors concession \$160 per term upfront)

Casual (if available) \$25

Pilates dates 2026

Term 1 - Monday 2 February - Sunday 12 April

Term 2 - Monday 27 April - Sunday 5 July

Term 3 - Monday 20 July - Sunday 27 September

Term 4 - Monday 12 October - Sunday 20 December

If a class happens to fall on a public holiday, that class will be made up at the end of the term.

MEN'S PILATES

Pilates promotes mobility and strength of all the major muscle groups in the body in a balanced fashion, whilst also have a key focus on the deep core muscles. It improves posture, flexibility, strength, balance and body awareness.

Time 6:30am

Date Wednesday

Teacher Mel

Cost \$190 per term upfront (seniors concession \$160 per term upfront)

Casual (if available) \$25

Men's Pilates dates 2026

Term 1 - Monday 2 February - Sunday 12 April

Term 2 - Monday 27 April - Sunday 5 July

Term 3 - Monday 20 July - Sunday 27 September

Term 4 - Monday 12 October - Sunday 20 December

If a class happens to fall on a public holiday, that class will be made up at the end of the term.

ADULT CLASSICAL BALLET CLASSES

Improve your posture, balance, flexibility and have fun. Classwork will be modified to meet needs of the individuals and class sizes are small with a maximum of 8.

Term 1 2026

9 Week Term from 5th February 2026 - 2nd April 2026

Day Thursdays

Time 11:30am - 12:30pm and 12:30pm - 1:30pm

Room Gallery Room

1. Dance again!

11.30 - 12.30pm

Experience again the joy of ballet and reconnect with your younger self.

This class is for those who have some ballet training and would like to return to class.

2. An introduction to a classical ballet class.

12.30 - 1.30pm

For absolute beginners who would like to learn and understand the basics of a classical ballet training.

Cost 9 Week Term - 5th February - 2nd April \$180 / casual classes \$25

Bookings essential and open from January 5th, 2026.

Please email Karenlois@iCloud for all enrolments.

QIGONG

Tai-chi and Qigong are an important branch of Traditional Chinese Medicine (TCM), and work to balance health and wellbeing. Virginia brings four decades of training and teaching experience.

Virginia Field is a counsellor and teacher of Tai-chi and Qigong with more than 25 years of experience. She provides a safe environment for people to grow, heal and flourish using the techniques and wisdom of Traditional Chinese Medicine.

Date 3rd Saturday of the month (February 21, March 21, April 18, May 16 and June 20)

Time 10:00am - 11:30am

Tutor Virginia Field

Cost \$25 per class

Bookings Virginia 0412 729 088 email: vffield@gmail.com

website: www.virginiafield.com.au



SYDNEY BUSH WALKERS

Together discover the delights and camaraderie of bush walking in the Sydney region.

Date and Time Social events are held at the Kirribilli Neighbourhood Centre the Third Wednesday of July and Second Wednesday of December, 7pm to 9pm.

Bookings and more information visit sbw.org.au

Cost Membership is \$55 for 12 months (includes activity program and monthly magazine The Sydney Bushwalker)

SENIORS EXERCISE - STRENGTH & BALANCE

Comprising a range of exercises to increase fitness, strength, balance and flexibility. We will use body weight, exercise bands and light weights to work on all aspects of fitness. The class teaches proven exercises to increase strength, balance, core stability and overall physical capability.

Ideally the class is for the 60+ age range, who need to concentrate on strength and balance. We have chairs available should these be needed for those who are beginners or need to build up core strength.

Cost \$5 per class. This class has been subsidised by North Sydney Council
Duration: 1 hour

Time 1:00pm, 2:00pm and 3:00pm

Days Each Friday - bookings essential

Teacher Gaynor Armstrong

Bookings Please call us at KNC on 9922 4428 to book. Bookings essential

WELL-BEING FOR ACTIVE SENIORS

A movement class that provides you with the knowledge and exercises to help you look after your own body. Aging can be associated with issues such as balance, incontinence, sore backs, knees, hips, the chances of which we can reduce. Come and join a relaxed and enjoyable class and see how simple everyday exercises can improve your everyday movement and wellbeing. Please ring me to find out more.

Date Every Wednesday (during school term)

Time 10:30am-11:45am

Tutor Gaynor Armstrong

Bookings Contact Gaynor on 0439 756 410 or by email at info@gaynorthetrainer.com

Cost \$60 for four weeks, or \$20 for a casual

MUSIC/CONCERTS/PERFORMANCE

SUNDAY CONCERT

Come and enjoy some of the finest music in a beautiful environment in the Gallery. Music provided by Amateur Chamber Music Society (ACMS). For more information, visit the ACMS website.

Date Please visit ACMS website for concert dates: www.acms-australia.org

Time 3pm

Cost \$15, or \$10 (concessions) Price includes light refreshments after the concert.

GUITAR LESSONS

If you would like to learn to play the guitar, Ken our resident guitar instructor would be delighted to teach you.

Date: Every Tuesday

Time 5:00pm - 7:00pm

Tutor Ken Burns

Bookings Contact Ken on 9543 1512

Website kenburnsguitar.com





SYDNEY GUITAR SCHOOL

Guitar for Children, Adolescents & Adults

One-to-One Lessons • Ensemble Classes • Music Theory

Discover the Joy of Guitar. Come and play the world's most popular instrument!

Learning guitar is fun, creative, and rewarding — whether you want to:

Play your favourite songs

Prepare for music examinations

Or pursue music as a career

At Sydney Guitar School, we help you reach your musical goals and enjoy the journey every step of the way.

Our Ensemble Classes

All ensemble programs are designed and directed by SGS Principal, Giuseppe Zangari - a graduate and teacher of the Sydney Conservatorium of Music, and a regular performer at the Sydney Opera House and Sydney Recital Hall alongside some of Australia's finest musicians.

Adult Guitar Ensemble Thursday 5:30pm – 7:30pm (Weekly)

Adult Sunday Strum Guitar Class Sunday 4:00pm – 5:00pm (Weekly)

Kids Guitar Ensemble (Junior) Sunday 4:00pm – 5:00pm (Fortnightly)

Kids Guitar Ensemble (Youth) Sunday 4:00pm – 5:00pm (Fortnightly)

Luna Guitar Quartet Sunday 3:00pm – 4:00pm (Fortnightly)

Music Theory / Musicianship Class (A.M.E.B. Theory and Musicianship examination preparation) Sunday 3:00pm – 4:00pm (Weekly)

School Holiday Workshops in Kirribilli

Join our popular School Holiday Workshops, designed for students of all levels to learn, play, and perform together in a fun and supportive setting.

Next Workshop

Summer School Holiday Workshop

16, 17 & 18 January 2026

9:30am – 4:00pm

Spaces fill quickly, so book early to secure your place.

Bookings & Enquiries

Phone: 0439 192 555

Email: info@sydneyguitarschool.com.au

Website: www.sydneyguitarschool.com.au

THE FEEL GOOD GUITAR GROUP (FGGG)

- BEGINNER GUITAR GROUP FOR ADULTS

The Feel Good Guitar Group is suitable for those wanting to learn to play guitar and feel part of a team. Learning to play the guitar is fun, rewarding and on top of all, it is a great social activity at the Kirribilli Neighbourhood Centre. Students work towards preparing and performing a variety of songs. Learn the basics of guitar technique (holding, sitting position, reading music or playing by ear). Learn to play beautiful melodies and chords. Come and join our guitar group each week and feel part of a team. Bring your guitar, music stands and passion for music!

We look forward to see you play your way with The Feel Good Guitar Group!

We have a few spare guitars if needed and spare stands to use while here.

Date Tuesday

Time 6:15pm-7:15pm

Room Gallery room

Cost \$10 per class (\$100 per term 10 classes per term)

Bookings essential on 9922 4428 (check our website for more information www.kirribillineighbourhoodcentre.org)

SENIORS ONLY

COMPUTER, TABLET & PHONE CLASSES FOR BEGINNERS

This IT instruction is for absolute beginners. Weekly lessons are one-on-one which means you have the undivided attention of the trainer. Lessons cover emailing, visiting interesting websites and using Google search. The trainer will set you up with an email address if you don't already have one. For tablet/smart phone instruction, you will be shown how to install and use common apps.

Date Saturday afternoons by appointment only

Trainers Jean (volunteers)

Bookings Contact Jean on 9922 5408

Cost An initial contribution of \$10 towards the Centre's running costs



BRIDGE GROUP

Enjoy a social game of bridge and lunch together with local community members (not suitable for beginners). We are looking for new members!

Date Wednesdays

Time 10:00am to 2:00pm

Contact Phone the KNC office on 9922 4428 for any further enquiries

SENIORS EVENTS

Throughout the year we run lovely events for seniors such as High tea, movie nights, seniors' music afternoon and seniors garden party luncheon. Please head to our website for updates on times and dates.

COMMUNITY

SCRABBLE & SCONES

Come and join us for Scones and Scrabble here at KNC. This is a fun way to meet people, have fun and enjoy a lovely scone or two! We will provide the scrabble boards and the scones. We just need you! Grab a friend and come along or come by yourself. We'd love to see you. If you would like to be our volunteer coordinator for this program, please call Jo on 9922 4428.

We would like to thank North Sydney Council for funding this program.

Date: Every Tuesday 10:00am - 1:00pm

Room: Trelawney Room

Cost: FREE

Bookings essential Please call us on 9922 4428 to book

CHAT AND MORNING TEA

Come and meet other locals, have a chat, make friends and enjoy morning tea. Our wonderful facilitator is Pamela Caldecoat. A lovely local who is looking forward to meeting with everyone.

Date Every Tuesday

Time 10:00am to 11:00am

Cost FREE (includes Free Morning Tea)

Bookings essential on 99224428

MAHJONG

Come and meet other locals and enjoy a game of Mahjong at KNC.

Date Every Tuesday

Time 1:30pm - 4:30pm

Cost Free (Refreshments provided)

Bookings essential on 99224428

CONVERSATIONS IN ENGLISH

If English is not your first language, and you are keen to have conversations in English to help to navigate day to day life, this would be the perfect class for you. Our groups are small, usually one-on-one or only a few others. Audrey our teacher is fantastic and is keen to help you learn basic English conversations.

Date Each Tuesday from 4pm until 5pm

Cost Gold coin donation

Teacher Pauline

Bookings essential. Please call us on 9922 4428 to book.

WRITING FOR WELL BEING

Come and write your personal history. Writing has been proven to improve your well-being and have a positive effect on your mental health. This program has many benefits from well-being to the satisfaction of writing your personal history. We will help you write your personal history over this 10-week course. You will leave with a bound copy of your personal history book. It's a perfect way to leave a legacy for your family or a keepsake for yourself. It's also a great way to log and celebrate your life.

Date Each Monday at 11:00am until 1:00pm

Please check our website for term dates www.kirribillineighbourhoodcentre.org

Cost \$100 (10 weeks) or \$10 per class

Teacher Dr. Marie Geissler

Bookings essential. Please call us on 9922 4428





THE GOOD LIFE PROGRAM

This 10-week course is designed to provide participants with a comprehensive understanding of well-being from ancient Greek and Roman philosophy to contemporary existentialist perspectives, to help you live a good life. Through a combination of lectures, movies and discussions, participants will explore the key concepts of philosophical thought and its relevance to living a 'good life'. Morning tea provided.

Date: Tuesday at 10:30am until 12:30pm (Please check our website for start date)

Cost: Free

Teacher: Brent Powis

Bookings essential. Please call us on 9922 4428

ITALIAN LESSONS FOR BEGINNERS

Do you want to learn Italian? Then this is the perfect class for you. Run by the fabulous Carmen, a Kirribilli local who is fluent in Italian (and loves to talk). Come along for some community based Italian language fun and enrichment. CIAO TUTTI (Hello Everyone)

Cost: \$70 for the term

Date Friday 1:30pm – 3:00pm

Session 1 - February 13, 2026 (7 weeks)

Session 2 - April 17, 2026 (7 weeks)

Teacher Carmen

Bookings essential. Please call us on 9922 4428

FRENCH LESSONS

Do you want to learn French? Then this is the perfect class for you. This class will be run by our teacher Patricia. Come along for some community based French language fun and enrichment.

Date Tuesday

Time 11:30am – 12:30pm

Cost \$10 per class

Bookings Call us on 99224428

CONVERSATIONS IN FRENCH

BONJOUR! Do you want to practice speaking French? Come along to our Neighbourhood Centre and converse in French. Learn while having fun with our teacher Patricia

Date Tuesday

Time 1pm to 2pm

Cost \$5 per class

Bookings Essential on 99224428

FREE ADVISORY SERVICES

JUSTICE OF THE PEACE

We have a JP available here on set days and times each week. All appointments need to be made prior by calling our office. Call our office for more information.

Date Tuesday 1:00pm

Time By appointment

Bookings essential. Please call the KNC office on 9922 4428 to book an appointment

Cost Free

LEGAL ADVICE

DUNCAN RAMSAY

We have a volunteer lawyer, Duncan Ramsay, who is available every Friday from 12:30 pm to 2:00 pm. Like most lawyers, he specialises in a particular area of law. Our Friday volunteer solicitor is a commercial lawyer, with expertise in companies and contracts. He has previously worked for a large law firm, an insurer, and an insurance broker. Please refer to our website for important information before your appointment, and ensure you arrive prepared.

Date Fridays

Time 12:30pm until 2:00pm, bookings are essential

Duration: Each session is 20 minutes

Bookings essential. Please call the KNC office on 9922 4428 to book an appointment

Cost Free Service

DAVID COHEN: DAVID H. COHEN & CO.

David Cohen started his own law firm in 1983. He has a focus on Family and Criminal Law. While studying law David worked in the Stamp Duties Office, the District Court and upon graduating, moved to the Premier's Legal Branch. He then worked for a number of private firms specialising in litigation involving family, criminal and commercial law cases including the Building Licensing Board. David is a member of the Family Law Section and is on the general crime panel, indictable crime panel, serious crime panel and family law panel. As many of the Family Law cases involve property, David has also developed an expertise in business law in relation to property proceedings with a large asset pool. At the same time, he has an empathy for victims of domestic violence and represents clients in AVO and DVO proceedings.

Date Last Tuesday of the Month (these are one-on-one sessions)

Time 6:00pm – 8:00pm bookings are essential

Duration Each session is 1/2 hour

Bookings essential. Please call the KNC office on 9922 4428 to book an appointment

Cost Free Service



NEW FOR 2026

“PREPARATION FOR MEDIATION” SESSIONS

As part of the mediation process, a mediator talks to those who are considering a mediation and discusses whether it is a viable option, what people want to get out of the mediation and whether there are options that may be workable.

We are delighted to have Elizabeth Cohen join us here at KNC. Elizabeth Cohen's experience and expertise is exceptional.

ELIZABETH R. COHEN BA(HONS 1) JD GDLP

- Masters of Laws (Applied Law) Majoring in Family Law
- LLM (Applied Law) Majoring in Business and Transactions
- LLM (Applied Law) Dispute Resolution
- Nationally Accredited Mediator according to the AMDRAS accreditation scheme
- Law Society of NSW Accredited Mediator under the Lawyer Mediator Accreditation Scheme.
- Community Broadcasting Pro-Bono Mediation Panel Member 2025 - 2026
- School Mediation Scheme Panel Member 2025
- Awards: University of Newcastle Norman Million Memorial Prize for French IV
- College of Law Prize for Best Graduating Masters Student in Business Law and Transactions

Date Wednesday

Time Appointments start at 10am. Bookings are essential

Duration: Each session is 30 minutes

Bookings essential. Please call the KNC office on 9922 4428 to book an appointment

Cost Free Service

SELF HELP GROUPS

ALCOHOLICS ANONYMOUS

One meeting held on a weekly basis at KNC.

Date Fridays

Time 6:00pm – 8:00pm

Bookings Contact 1300 222 222

Cost Free

UKRAINIAN WOMEN'S GROUP

Date Monday and Wednesday

Time Monday 5:30pm – 6:30pm and Wednesday 5:30pm – 6:30pm

Cost Free

Contact Tetiana 0414 458 967

This program is proudly supported by Northern Sydney Primary Health Network

PROFESSIONAL SUPPORT SERVICES

We are proud to partner with KYDS Youth Development Service here at KNC

We offer FREE COUNSELLING to youth at KNC and we ask that all young people are:

- Living or going to school in the Northern Sydney region
- Aged 10-18 years (or attending Year 12 or equivalent)
- Have some flexibility in terms of availability to attend sessions

Contact Please call 9416 0900 to refer to KYDS.

Counselling in a non-clinical friendly environment, right here in the heart of Kirribilli.

KYDS Parents Counselling

One-on-one Parent Counselling Sessions here at the Kirribilli Neighbourhood Centre.

- Would you like support in understanding your adolescent's development?
- Do you need help improving family communication and managing behavioural challenges?
- Are you looking for ways to reduce stress for both yourself and your child?

Who is this for?

- Parents of Children aged 10-18 years old
- Want to strengthen their relationship with their child
- Feel overwhelmed by their child's emotional or behavioural challenges
- Seek expert guidance on navigating the pre-teen and early teen years

Contact Please call 9922 4428

EXPRESSIONS OF INTEREST

If you are interested in taking a class, or have a course in mind, please contact us here at KNC. We'd love to hear from you. Call us on 9922 4428



KYDS

**FREE YOUTH COUNSELLING
AT THE KIRRIBILLI
NEIGHBOURHOOD CENTRE**

Monday – Saturday



16-18 Fitzroy St
Kirribilli



94160900



counsellor
@ kyds.org.au

**FUNDED
BY KNC**

HOW TO FIND US

We are a short walk (a few minutes) from the Milsons Point train station and Milsons Point ferry wharf. We have wheelchair and pram access from our rear entrance on Bligh Street.

HOW TO ENROL IN CLASSES AT KNC

Full payment can be made at the time of enrolment and must accompany a completed enrolment form. Please enrol early to avoid disappointment.

PUBLIC HOLIDAYS If a course falls on a Public Holiday, this will be made up at the end of the term (subject to tutor availability).

PAYMENT IN PERSON By cash or credit card (MasterCard, Bankcard and VISA) at the KNC Main Office.

PHONE Payment by credit card 9am-5pm, Monday-Thursday and Friday 9am-4pm on 9922 4428.

REFUNDS Requires five working days prior to start of term. \$20 administration fee applies. Full refunds will be given if a course is cancelled.

GST All costs include GST.

UPDATES For all updates, prices, new classes, additional events and services please see our website and social media sites (Facebook & Instagram).



CELEBRATING
50 YEARS



Held three times a month we have our fabulous and extremely popular markets in what is widely regarded as the best market location in Sydney. Our Art, Design and Fashion market on the first and second Sunday of each month, and the General & Fashion market on the fourth Saturday of the month. Whether you are attending the markets or wanting to have a stall, our market team are here five days a week and happy to take enquires. The Kirribilli Markets have been an integral part of KNC for 50 years and all profits from the markets go to help run The Kirribilli Neighbourhood Centre.

www.kirribillimarkets.com
OPEN 8.30AM - 3.00PM





ART - DESIGN - FASHION GENERAL AND FASHION MARKET

Month	Art, Design & Fashion Market	General & Fashion Market
January	11th	24th
February	1st & 8th	21st
March	1st & 8th	28th
April	5th & 12th	25th
May	3rd & 10th	23rd
June	7th & 14th	27th
July	5th & 12th	25th
August	2nd & 9th	22nd
September	6th & 13th	26th
October	4th & 11th	24th
November	1st & 8th	28th
December	6th & 13th	19th

www.kirribillimarkets.com

OPEN 8.30AM - 3.00PM